

# Litigation Stress Support When You Need It Most

## Even The Best Physicians Get Sued.

A 2023 AMA research paper found that 31% of all physicians have been sued at some point in their careers. Another survey of over 7,000 surgeons found almost 1 in 4 were in the middle of litigation. Physicians can feel overwhelmed when dealing with the intricacies of the legal system. Those involved in litigation almost always exhibit elements of litigation stress. In many cases, the stress is not immediately recognized, yet can lead to profound impacts on mental, emotional, and physical health. That's why MICA has partnered with **MD Mentor** to address this critical need.

## Expert Guidance with Tailored Support

Founded by Louise B. Andrew, MD, JD, FACEP, **MD Mentor** offers personalized litigation stress support for health care professionals. With her background as both a physician and a legal professional, Dr. Andrew understands the multifaceted nature of medical malpractice litigation stress and the necessity for comprehensive support strategies. MD Mentor offers unparalleled litigation stress coaching for those experiencing a medical malpractice claim or lawsuit.

Litigation Stress Coaching is provided confidentially and may include individual litigation stress management and/or litigation-related family stress assessment and management. Consulting services are available via phone by Dr. Andrew or a carefully selected colleague.

**Facing a medical malpractice lawsuit doesn't have to be a solitary journey.** MD Mentor can provide the support, resources, and expertise you need to navigate this period with confidence and resilience.

**Litigation Stress Coaching services through MD Mentor are made available at no additional cost to MICA insureds. Please contact your MICA claim representative or your assigned defense counsel for more information or to request this service.**

*Scope of services is subject to approval. Ask your MICA claim representative for details.*



We protect, support, and defend the practice of medicine.